



Bulletin No.1

Event time: October 26, 2024.

Place of competition: **Launkalne**, Smiltene region.

Event centre: placeground on the forest road, **GPS coordinates - 57.301633, 25.916865.**



Organizers

Event manager and course setter: Valters Kaminskis.

Rogaining mapper: Raimonds Lapins.

The competition is included in the Latvian orienteering federation (LOF) competition calendar.

Regulations

Competition format: rogaining, time limit 6 or 12 hours on foot. 2-5 members start in the team. The competition takes place in accordance with the rogaining competition rules approved by the IRF and LOF. The rules are published on the Latvian rogaining website <http://www.rogaining.lv>

Additions to regulations, special instructions.

1. The competition area is located in the forest area managed by the "Meža pētīšanas stacija" ("Forest Research Station") agency. Protect and respect the values created by nature and people!
2. Only compass, clock and competition map issued by the organizers may be used for navigation. Any other equipment and facilities may be used for purposes other than navigation.
3. Meeting with dogs and forest animals is possible at a distance.
4. When moving on public highways and city streets, traffic rules must be observed, reflectors and lights must be used during the dark.
5. It is forbidden to cross the yards of houses, unless a road passes through them. It is recommended to bypass the houses so as not to disturb the residents. Prohibited areas - residential area, gardens, cemeteries - are olive green. Other prohibited areas on the map (nature micro-reserves, closed areas, volumes and dangerous places) are masked with a red grid.
6. Each team must carry a switched-off mobile phone with a charged battery during the distance, so that in case of an emergency, it is possible to contact the organizers. The mobile phone number of the organizers will be indicated on the competition maps
7. **In the 12-hour distance, each team must bring 1 WHISTLE.** If necessary, the team using a whistle, with several series of short beeps to report their location in case of emergency assistance or an animal encountered on the team's path that threatens the safety of the team.

Other rules

By participating in the competition, the participants agree that the photos and videos taken during the competition are used for the publicity of this and other competitions and the promotion of an active lifestyle, as well as for the use of the personal data specified in the participant's application for the publication of the composition of the participants, the compilation and publication of the results in print, in the electronic environment and on social media. in networks.

Event Programm

October 25

from 08:30 arrival of participants at the competition center, registration

10:00 card issuing for the competition

11:00 start of the competition

17:00 Finish of the 6-hour race

17:30 end of 6-hour competition and closing event of 6-hour competition

17:44 sunset

18:24 darkness

23:00 Finish of the 12-hour race

23:30 end of the 12-hour race and closing event of the 12-hour race

Closing of the competition center at 24:00



Participant Groups

MO, WO, XO – men's, women's and mixed open groups.

MJ, WJ, XJ – men's, women's and mixed junior groups, all team members under 23 years of age.

MV, WV, XV – men's, women's and mixed veteran groups, all team members age 45 and over.

MSV, WSV, XSV – men's, women's and mixed super veteran groups, all team members age 55 and over.

MUV, WUV, XUV – male, female or mixed ultra veteran groups, all team members age 65 and over.

Family - a group of families, the team consists of at least 2 generations of members of the same family and at least one member is 14 years old or younger.

In a 12-hour race, the team must have at least one participant who is 18 years of age or older.

The age of the participants is determined on 31.12.2024.

Participants (over 16 years old) or their parents/guardians (for participants under 16 years old) are responsible for their health and insurance against accidents and possible injuries. It is possible to cover the distance by choosing a route in such a way as not to put your health at risk. and life.

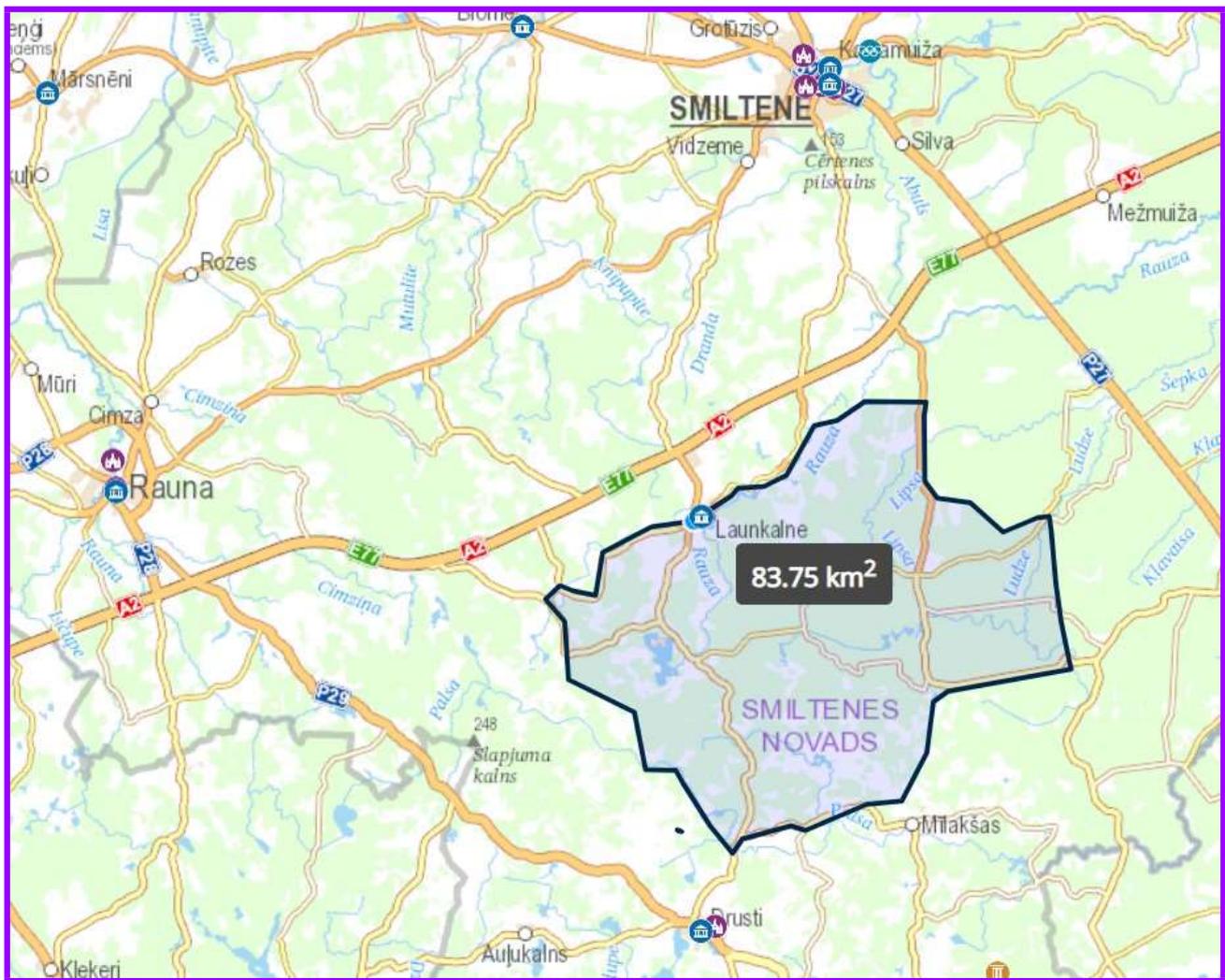


Area

The competition area has a varied, distinct terrain, a large number of small watercourses and ravines. Most of the territory of FORESTS, where a part of them is managed by the "Forest Research Station" agency. A network of rural and forest roads is developed in the area.

In most cases, the open areas are mowed, grazed, groomed, and easy to cross. Pay special attention to electric shepherds. In most cases, they are easily crossed by stepping over or crawling under them. There is a possibility that the electric shepherd is connected. It is strictly forbidden to damage electric shepherds! If the electric shepherd has a "gate", you can open it, but you must close it when you leave!

Forest areas are very diverse. There are many clearings of different ages in the area. Some of them are unkempt, difficult to cross. There is a possibility to find new clearings and logging roads that are not marked on the map.



Maps

Scale: 1:20000, H = 5 m, S ~ 84 km².

According to the guidelines of the International Rogaining Federation (IRF), standard or advanced topographic maps are suitable for rogaining competitions. Open areas are represented with YELLOW background color, clearings of different ages/young trees are represented with YELLOW/GREEN background color, forest areas - with WHITE background color. The map of Rogaining was prepared in 2021-2024, using the topographical materials of the Latvian Geospatial Information Agency (LĢIA), orthophoto (2023), area walking and other information. **The size and usage characteristics of the maps sheets will be specified in the pre-start information.**

Distance, CP and punching

55 checkpoints – orienteering prisms with reflectors - will be placed in the competition area. Punchung system – Sportident. **Each participant is attached his contactless SI-card provided by the organizers.** Control points have values from 2 to 7 points. Point values are the decimal number of the KP number, for example KP with number 33 gives the team 3 points, KP with number 63 gives 6 points. The total sum of CP points - 260 points. All team members are marked with their SI-card at the CP. Team members must make marks in one CP within 1 minute. If one of the team members has a damaged (broken) SI-card attachment, the team is disqualified.

Listening points, catering, service

Watering points will be placed in the competition area: thermoses with tea and paper cups. Catering - after the finish, 2 types of soup, both for omnivores and vegetarians, bread, sweet snack, tea and coffee. The cost of meals is included in the participation fee. Toilets and garbage bags will be available in the competition center. Changing rooms and showers will not be available after the finish.

Participation fees.

Participation fee for 1 participant applying	until 14.09.2024.	until 14.10.2024	after 14.10.2024
6 hours in O, V and SV groups	20 EUR	25 EUR	30 EUR
6 hours in UV and J groups -	10 EUR	15 EUR	20 EUR
6 hours in the Family group			
for those who correspond to groups O, V and SV	20 EUR	25 EUR	30 EUR
for those who meet the UV and J groups	10 EUR	15 EUR	20 EUR
participants up to 14 years of age.	10 EUR	10 EUR	10 EUR
12 hours in groups O, V and SV	25 EUR	30 EUR	40 EUR
12 hours in UV and J groups -	15 EUR	20 EUR	25 EUR
12 hours in the Family group			
for those who correspond to groups O, V and SV	25 EUR	30 EUR	40 EUR
for those who meet the UV and J groups	15 EUR	20 EUR	25 EUR
participants up to 14 years of age.	10 EUR	10 EUR	10 EUR

Participation fees cover competition preparation, contactless SI cards, catering, competition center rent and other organizational expenses. The participation fee can be paid by transfer to the bank account specified in the application process, specifying the number of the registered team: **LV64UNLA0050020516945, Sporta klubs R24.LV biedriba, reg. 40008206944**. The application for the competition is also a guarantee for the payment of the participation fee. Participants who apply but refuse to start by sending a written refusal by October 21 can receive back 50% of the paid participation fee. The organizer returns the full participation fee in case the competition is canceled or impossible due to external circumstances.



Entries

Registration takes place by filling out the application form on the website <http://www.rogaining.lv>
Participants must all changes or refusals to the e-mail: valtersk@latnet.lv!

Awarding

The teams with the best results in each time and participant classification group will be awarded. The organizers can change the number of awarded teams depending on the number of participating teams in the groups and the budget of the competition.

Information

Contact information: (+371) 29218759, valtersk@latnet.lv

