

## Pre-start information.

Event center: Jaunpiebalga sport hall Gaujas street 41, Jaunpiebalga

**Coordinates**: 57.1673647,26.0188933

Map: Scale: 1:20 000; H: 4 m

Size: A2 (42.0 x59.4 cm); 45 Points value from 3-8.

All maps will be waterproof

## **Competition area:**

## Prohibited areas:

Prohibited areas, i.e. areas which are not allowed to overpass, if there is not a road through the area which is marked on the map, are in olive green colour.

It is forbidden to cross cultivated fields, crops and areas, which are limited by fences and electric farms. Such areas may not be specified on the map.

The Abava River crosses 4 bridges in the race area.

Do not dispose of gauze, food wrap or other household waste!

There are several highways in the territory with average traffic intensity. During the competition, traffic is not limited, so the participants themselves are responsible for complying with traffic safety regulations.

There is 1 drinking poins in the competition area, which will include water (cold), hot tea, traditional and vegetarian snacks (dried, sugared fruits, bread, pickled cucumbers, raisins, etc). Drinking points in nature indicate a tent with orienteering prisms and appropriate arrangements. It is next to control point.

**Event centre:** Please park the cars following organiser's rules;

<u>Event center</u> will be located in Jaunpiebalga sports hall. At the race center: WC, shovers, place for eating, distance planning. Registration race, result announcing and awards ceremony will take in the hall. Storage for keys, as well as first aid will be provided.

Entrance in the Hall in shoes with spikes are prohibited

The sports clothes and shoes shop (www. https://osveikals.lv/) and home-made products will be available.

**Extra:** After registration participants get team envelope with souvenirs for every team member, numbers, safety pins, SI card holders, SI card (if rented) promotional material, catering coupons (for after-race meal).

There is one set of maps for the whole team. One team member receives the whole set for one's team (after registration only). Set of maps include: Map for each member of team. One extra map for 4 or 6 h teams will be available.

The team has to read its result till the closing time of corresponding finish.

Protests about the race results will be received in 30 minutes time after the closing of the corresponding finish.

In T3 class\_THERE IS NOT a competition element – results won't be published!

Participants put on SI cards by themselves. See following pictures:





SI bracelets are waterproof.

Before going in start zone:

- 1) Present the mandatory inventory-whistle,
- 2) SI cards clear at the CLEAR station.
- 3) When entering in the start zone, present the SI or SIAC Air attached to the hand and make the CHECK mark in the start zone.

Mass start after the start signal at 12:00;

Checkpoints will be set on contactless mode (0,3 m (30 cm) from station)!

**Attention:** It is possible that the first participant must "wake up" checkpoints at the forest for activating the contactless mode. All members of one team must check-in at the checkpoint during a time of 1 (one) minute.

If there is an emergency situation while still in the distance, call:

- 112 Rescue Service
- 113 Emergency medical assistance
- +371 29267142 Organizer's help telephone

## Good luck in the distance!