

**Latvian Cup**  
**and**  
**Latvian Rogaining Championships**  
**14-15th July, 2012**

**Bulletin N2**

**Competition format:** 24 hour rogaining.  
6 hours rogaining will be held as satellite event.

**Competition rules:** Latvian Cup and Latvian Rogaining Championships will be held in accordance with the International Rules of Rogaining published at the web site:  
<http://rogaining.com/resources/irrules062010.pdf> with the exception of rules B1, B2, B15, B16<sub>1</sub>(b) and B20. The rules listed above are respectively replaced by the following provisions:  
B1. A team shall consist of two or three members (both 24h and 6h teams).  
B2. A team that has a member under sixteen years of age shall also have a member eighteen years of age or over.  
B15. All team members shall carry the SI card during the whole competition from start to finish. It will be attached by organizers by a non-removable wristband.  
B16<sub>1</sub>(b). In order to gain points for a checkpoint, all members of a team shall punch their SI cards at the SI station of that checkpoint within a time interval of 60 seconds.  
B20. Whenever visiting the hash house area during the competition, all team members shall punch the SI station labeled “check-in”. Immediately before leaving the hash house area, all team members shall punch the SI station labeled “check-out”.

**Competition center:** Strautini elementary school, Alsviki parish, Aluksne district. Aprox. 200km by road in North-East direction from Latvian capital Riga. 140 km from Tartu, 325km Tallinn, 130km Pskov, 415km Sankt-Peterburg. The event center can be reached by car (own or rental).

[Map link](#)

**Competition categories:**

**MJ** - Boys junior (under 20)  
**WJ** - Girls junior (under 20)  
**XJ** - Mixed junior (under 20)  
**MO** - Men Open  
**WO** - Women Open  
**XO** - Mixed Open  
**MV** - Men Veteran (40 and older)  
**WV** - Women Veteran (40 and older)  
**XV** - Mixed Veteran (40 and older)  
**MSV** - Men Super Veteran (55 and older)  
**WSV** - Women Super Veteran (55 and older)  
**XSV** - Mixed Super Veteran (55 and older)

Comments: 1. Age is determined on the first competition day (14th July 2012)

2. Any team that has a member younger than 16 years of age must also have a member 18 years of age or older
3. Teams are competing in every category for which they are eligible by age and gender
4. Teams competing in the Junior and the Veteran categories are also automatically entered into the corresponding Open category
5. Teams competing in the Super Veteran categories are also automatically entered into the corresponding Veteran and Open category

**Registration:** Registration to event must be done only via online registration, which opens on April 1, 2012. At registration, each team shall provide the following information about each competitor: first name, family name, gender, date of birth and the country, which the competitor is representing. Each team shall provide the e-mail address for contacts and shall secure the registration with password for future editing of entry.

By entering the registration data, participants give their consent to the organizers to set up a database of ERC participants and publish the names of competitors on the ERC website. The information provided at registration will not be used by organizers for any other purpose than for organizing the ERC and seeking feedback after the event.

Any changes to the registration data may be edited until the end of registration deadline – 07.07.2012.

After registration invoice will be sent to team's e-mail provided. Invoice should be paid within two weeks from issue date. All bank transaction costs shall be borne by the payer. In case you have problems or difficulties to make the bank transaction or if you would like to pay in cash, please contact us via e-mail [raimonds at rogaining.lv](mailto:raimonds@rogaining.lv)

**Entry fee for 24 h rogaining (per competitor):**

**Early registration:** until 31-st May 2012 (included):

Junior, Super Veteran categories - 17.00 EUR

Open, Veteran categories - 23.00 EUR

**Late registration:** until 7-th July 2012 (included):

Junior, Super Veteran categories - 22.00 EUR

Open, Veteran categories - 30.00 EUR

**Entry fee for 6 h rogaining (per competitor):**

**Early registration:** until 31-st May 2012 (included):

Junior, Super Veteran categories - 12.00 EUR

Open, Veteran categories - 15.00 EUR

**Late registration:** until 7-th July 2012 (included):

Junior, Super Veteran categories - 15.00 EUR

Open, Veteran categories - 17.00 EUR

Rental fee of SI-6 card - 2.00 EUR

In case of loss or damage rental SI-6 card, a fee of 50 EUR will be charged.

The entry fee covers participation in the competition, rogaining map for each participant, catering during the race at the event centre (only for 24 h competitors), water stations at the event area, meal and showers after finish, parking in the event center, and prizes for the best teams.

**Map:** specially prepared for rogaining in the year 2012. Scale ~1: 30 000, contours every 5 m. Exact map scale and size will be defined in Bulletin N3.

**Terrain:** mainly hilly. Competition area (aprox. 195 km<sup>2</sup>) is situated in South side of the Alūksne highland. Maximum altitude difference up to 115 meters. (from 95 to 210 meters above sea level). Mixed tree forest, good runability pine forest at places. Some districts are undergrowth and with fallen trees. In flat areas there are many ditches and marshy places. Many clearings.

**Places of interest:** former USSR missile army base Silaktis, monument to outrunner Adolfs Liepaskalns, Rezaka and Ilzene manors buildings, former Aluksne-Ape narrow-gauge railway embankment with small bridges.

**Wildlife:** Competitors may encounter elk, deer, fox, hare, squirrel, wild boar, beaver, lynx and wolf. It is very low chance to meet a bear. The only venomous snake is viper, its bite is not life-threatening, but nevertheless requires immediate medical attention.

**Weather:** The weather in Latvia is moderate and very variable. Aluksne highland is characterized by a slightly higher rainfall than the rest of the Latvian territory. July average temperature at night +10/+15 C, day +20/+25C.

<http://www.weathercast.co.uk/world-weather/city-weather/city/371X4/aluksne.html>

### **Travel and visa information:**

Residents of the European Union member states, as well as Switzerland, Norway and Iceland do not require a visa and may enter Latvia using a valid passport or identification card. Residents of other countries need a visa to enter Latvia. The visa shall be obtained from the Latvian embassies abroad. Further information on visas:

<http://www.pmlp.gov.lv/en/pakalpojumi/vizas.html>

**Punching system:** SPORTident electronic punching system will be used. SI card for each team member. Only SI-6 cards will be accepted for 24 hour competitors. 6 hour teams may use other SI card version, if they are not going to visit more controls than capacity of particular SI card allows. Organizers will not accept protests if, using your own SI card, you will exceed capacity of SI card. SI card will be attached to each team member with a special wristband; don't broke the wristband till the end of the race. It's allowed to remove it only by judges of competition. Rental of SI cards (version 6) will be available for extra fee only until end of registration, 07.07.2012, (see *Entry fee*).

### **Timetable:**

#### **13.07.2012**

20:00 competitors arrival, sport hall of the school is opened (see *Accommodation*)

#### **14.07.2012**

08:00 Hash house opens, beginning of registration, number bibs handout, SI cards attaching

10:00 map handout

12:00 start for all competitors

18:00 finish of 6 hour event

18:00 catering available at the hash house

18:01 moonrise

19:00 prize-giving ceremony for 6 hours competitors

21:59 sunset

23:01 the end of civil twilight

#### **15.07.2012**

01:25 moonset

03:37 the beginning of civil twilight

04:38 sunrise

12:00 finish

13:00 – 14:00 results publishing and prize-giving ceremony

## **16.07.2012**

10:00 – sports hall of the school is closed

**Awarding ceremony:** Teams are awarded by categories. 24 hour competitors in all categories are participating in the Latvian Cup. At the same time, the best participants registered in Latvian Orienteering Data Base (ODB) get Latvian Championships titles and medals. 6 hour competitors in all categories get awards and diplomas.

**Accommodation:** from Friday, 13th July, evening (20:00) in Strautini elementary school sport hall, on the floor with competitors own sleeping accessories. Fee is 3 EUR per person per night (as well for fans and co-drivers). Preliminary booking is **MANDATORY**. Contact information: e-mail [alexa25@inbox.lv](mailto:alexa25@inbox.lv) or mob. +371 28382996 (you can write or speak in latvian, russian or english)

**Organizers:** LOF (Latvian Orienteering Federation) in cooperation with Aluksne municipality, Sport Club „24 stundas”, Orienteering Clubs „Ziemeļkurzeme” and „Aluksne”.

Chief judge: Raimonds Lapins (e-mail: [raimonds@rogaining.lv](mailto:raimonds@rogaining.lv))

Chief secretary: Aivars Zogla (e-mail: [rogain@okzk.lv](mailto:rogain@okzk.lv))

Web: Andris Leja

Map and course: Raimonds Lapins

**More details:** <http://www.rogaining.lv>

*Information provided in Bulletin N2 replaces the preliminary information of Bulletin N1.  
Bulletin N3 will be published at the end of June or beginning of July 2012.*