



Bulletin Nr.2

Event time: November 02, 2019.

Event Location: Pargauja parish.

The event centre : Lielstraupe (gps - 57.313415, 24.968887)



Organizers

Sporta klubs R24.LV.

Race director: Valters Kaminskis

Mapping: Raimonds Lapins.

Timing, results: Aivars Zogla

Course setter: Valters Kaminskis.

Rules

Event format: rogaining, time limit 6 or 12 hours on feet, 6 hours on mountain bikes (mtb).

Teams of 2 – 5 members.

The rules of rogaining of the IRF and LOF apply.

Additions and special instructions.

1. The competition area is situated in special area of conservation - Gauja National Park. Respect and care of natural and man-made values!
2. For navigation competitors may use compass, watch and race map issued by organizers. Any other means may be used for purposes other than for navigation.
3. During the race it is possible to meet some dogs and wild animals.
4. While moving along the general roads, follow the Road Traffic Laws, use of reflectors or lamps is mandatory.
5. It is forbidden to cross the house yards, unless local roads go through. It's very recommended to go around homesteads to let residents sleep. Prohibited areas - residential areas, gardens, cemeteries - is olive-green in color. Open areas are partially planted with cereals. There are strictly forbidden to cross there. Small fences can not be mapped. Other closed areas on the map masked with a red grid.
6. Care is needed while crossing rivers, streams, lakes and other places of water nearby.
7. Take care of your eyes. Eye injuries are usual with orienteers in the late autumn. Tree branches, both dry or green, are without leaves, they are the "unseen." We recommend the use a hat with a brim or a simple eyewear.
8. Each team must carry with them during the race one cell phone, switched off with a fully charged battery, to would be able to contact the organizers in an emergency. By registering teams must let known to organizers taken cell phone number. The emergency cell phone number will be stated on the team's bib numbers.
9. Team bib numbers - A5 format, designed for team personalization. Bib numbers must be mounted at the participant's clothes or bags with the fasteners provided by the organizers.
10. Photographs and video taken during the event may be made public and used in the self-promotion materials without the consent of the people they see.



Competition classes

MO, WO, XO - men, women, mixed open.

MJ, WJ, XJ – men, women, mixed junior under 23 years of age.

MV, WV, XV – men, women, mixed senior from 40 years of age.

MSV, WSV, XSV – men, women, mixed supersenior from 55 years of age.

MUV, WUV, XUV – men, women, mixed supersenior from 65 years of age.

Family - at least 2 generations from one family, at least one member is 14 years old or younger, only 6 hour rogaine.

MOmtb, WOMtb, XOMtb - men, women, mixed open in mtb rogaing.

The team must have at least one member who is 18 years or over for 12 hours competition and for 6 hours velo competition.

The age of participants will be determined on the 02 of November, 2019.

Participants responsibility for their own health and for insurance against accidents and possible injuries borne by the participants (over 16 years) or their parents / guardians (for participants 16 years and younger). Teams will be registered as full team at the event center, will receive participant accessories, will sign by the personal signature responsibility for their own, theirs child or guardians – participants health status, responsibility for possible accidents and possible injuries during the race.

It is possible to take routes on distance in order to keep away the health and life hazards.



Timetable

November 02

from 07:00 arriving, registration, team data checking,

07:35 sunrise

09:00 giving out of maps

10:00 start

from 11:00 mtb (velo) teams arriving, registration, data checking,

12:00 giving out of maps for velo (mtb) competition

13:00 start for velo (mtb) competition

16:00 6 hours finish

16:38 sunset

16:30 6 hours competition ends

17:00 6 hours prize giving

19:00 6 hours velo (mtb) competition finish

19:30 velo (mtb) competition ends

20:00 velo (mtb) competition prize giving

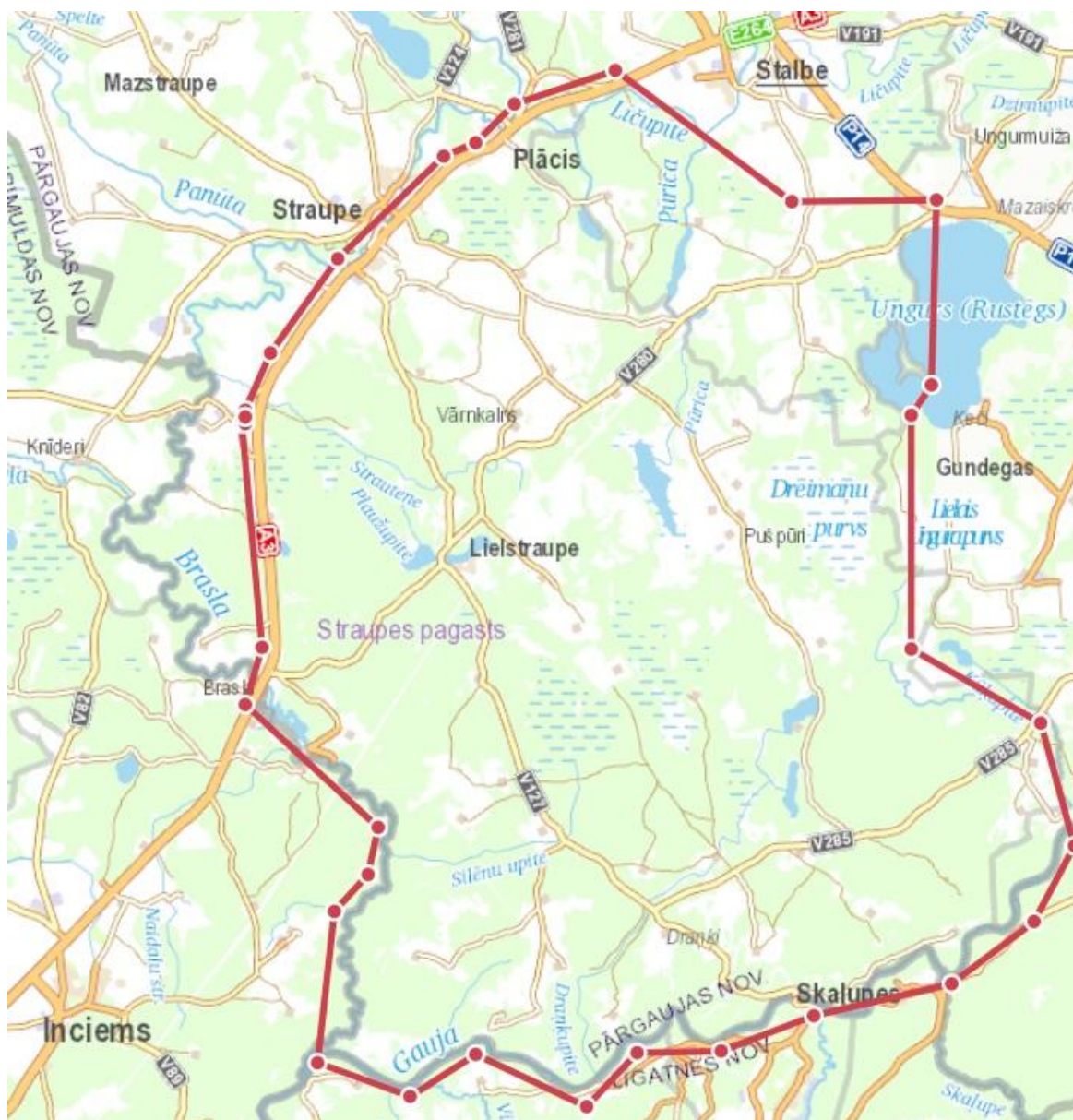
22:00 12 hours finish

22:30 12 hours competition ends

23:00 12 hours prize giving

24:00 event centre closing

Competition area



Gauja National Park territory in Pargauja parish, Vidzeme.

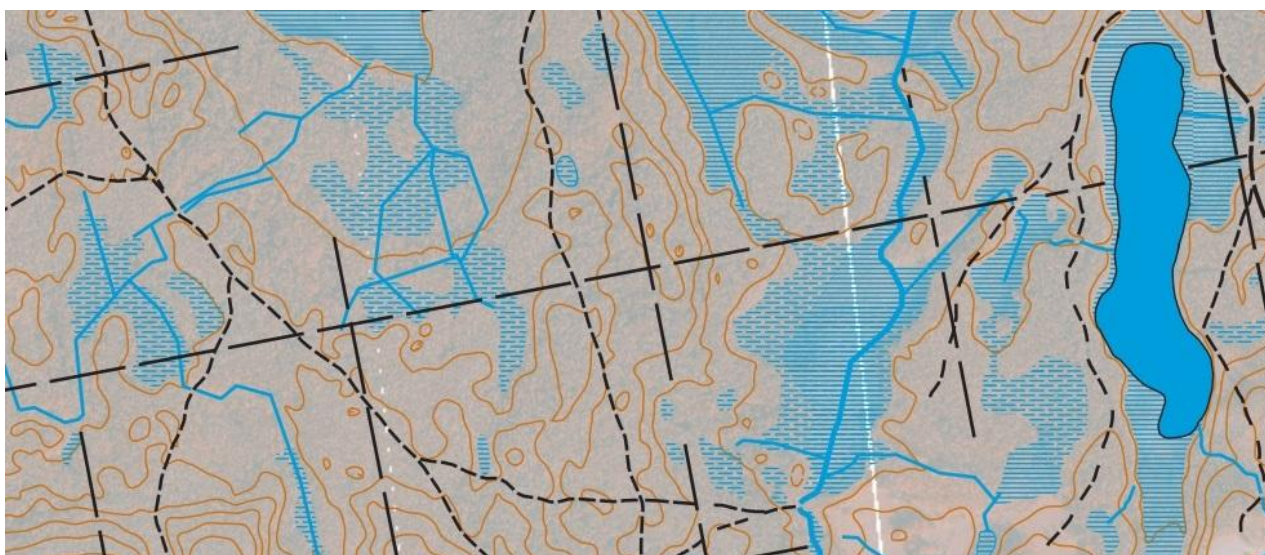
The terrain is diverse. Strong relief. Most of the area is forest with local open territories. Pine and spruce forests alternate with different types of swampy areas. A network of valleys and ravines branched on the slopes of the banks of the Gauja and Brasla. Local height difference up to 70 meters. Rural and forest road network developed in the area. The competition area has a variety of natural attractions and sights including Straupe Castle and Ungur Lake.

Course, controls, punching

There will be 50 controls – usual orienteering red-white flags with reflectors. Punching – Sportident. One SI-Card will be attached to the wrist of each competitor. Controls have point values from 2 to 6. Point value of the control is first digit of control number. For example, control with number 33 gives 3 points, control with number 63 gives 6 points. Total of all controls is 200 points. Velo (mtb) competitors will must visit controls, signed on competition map.

All team members must make punches by own SI cards at all visited CPs. Team members must make SI punches at CP within 1 minute. If one of the team members will be damaged (broken) SI-card bracket, the team will be disqualified.

Map



Scale 1:25000, H = 4m, S ~ 110km².

Simplified symbols of orienteering maps will be used. White – forest; dark yellow – fields, open areas; light yellow – felled areas, young forest, scattered trees, bushes, half-open areas; road symbols on the map will be given according passability. North lines are printed with interval of 1,5 km. Control descriptions – text on competition map. Pictograms on separate sheet of plain paper.

The roughing-in map is prepared using LGIA LIDAR scanning data, other cartographic materials, natural surveys. Map page size and user properties will be specified in Prestart information.

Water points, food, service

There will be water points with water tanks and marked area available drinking water intakes.

Catering - at the finish for 6 hours and 12 hours participants, both for omnivorous and for vegetarians. Catering included in the participation fee. There will be toilets, garbage bags, mobile charging place available.

Event center plan, driving directions - in the pre-start information.

Entries

Entries will be registered from September 23, 2019 until October 27, 2019.

Entries are accepted online by completing the application form in the website <http://www.rogaining.lv>

Any of SI cards will be suitable for for 6 hours competition, for 12 hours competition and velo (mtb) competition will recommended SI cards with higher capacity. Organizers may guarantee SI-Cards for participants. It is preferable to use own SI cards. SIAC cards is Rental fee of SI-card – 1,5 EUR.

Entry fee per team member.

O, V and SV classes	– 20 EUR (submitted before 20.10.2019.),	25 EUR (submitted after 20.10.2019.);
J and UV classes	– 15 EUR (submitted before 20.10.2019.),	20 EUR (submitted after 20.10.2019.);
Family classe	– 20 EUR (submitted before 20.10.2019.),	25 EUR (submitted after 20.10.2019.)
	only team members, which are eligible to enter classes O, V and SV,	
	– 15 EUR (submitted before 20.10.2019.),	20 EUR (submitted after 20.10.2019.)
	only team members, which are eligible to enter classes J or UV.	
	- free of charge, participants 14 years old or younger.	
Mtb classes	- same as Family classe participants.	

Entry fees cover competition materials, catering, event rental center and other organizational expenses.

Prizes

Top teams in each time and class category will be awarded, depends on budget of rogaine.

Accommodation

Accommodation options: <http://www.visitligatne.lv/kurgulet>

Info and FAQ

rogaining.lv page discussion platform: <http://www.rogaining.lv/sarunas/>

Contacts: (+371) 29218759, valtersk@latnet.lv



See you in Lielstraupe!