

**LATVIJAS
ČEMPIONĀTS
ROGAININGĀ
KOSA 2016**



Bulletin Nr.1

Latvian rogaining championship.

Event time: June 04-05, 2016.

Event Location: Kosa, Amata parish.



Organizers

Sporta klubs R24.LV un OK Meridiāns in cooperation with Latvian orienteering federation (LOF) and Amata municipality.

Event manager: Valters Kaminskis.

Mapping and course setter: Raimonds Lapiņš.

Event services:: OK Meridiāns members.

Start location: recreation and sport centre "Ezerrozes/Andrēnkalni", **GPS** : N 57.091069 E 25.376743

Rules

Event format: rogaining, time limit 24 or 6 hours on feet. Teams of 2-5 members.

The rules of rogaining of the IRF and LOF apply.

Latvian version of rules is published in Latvian rogaining website <http://www.rogaining.lv/noteikumi.htm>

Additions and special instructions.

1. Respect and care of natural and man-made values!
2. For navigation competitors may use compass, watch and race map issued by organizers. Any other means may be used for purposes other than for navigation.
3. During the race it is possible to meet some dogs and wild animals.
4. While moving along the general roads, follow the Road Traffic Laws, use of reflectors or lamps is mandatory.

5. It is forbidden to cross the house yards, unless local roads go through. It's very recommended to go around homesteads to let residents sleep. Prohibited areas - residential areas, gardens, cemeteries - is olive-green in color. Open areas are partially planted with cereals. There are strictly forbidden to cross there. Small fences can not be mapped. Other closed areas on the map masked with a red grid.
6. Care is needed while crossing rivers, streams, lakes and other places of water nearby.
7. Each team must carry with them during the race one cell phone, switched off with a fully charged battery, to would be able to contact the organizers in an emergency. By registering teams must let known to organizers taken cell phone number. The emergency cell phone number will be stated on the team's bib numbers.
8. Team bib numbers - A5 format, designed for team personalization. Bib numbers must be mounted at the participant's clothes or bags with the fasteners provided by the organizers.

Competition classes

MO, WO, XO - men, women, mixed open.

MJ, WJ, XJ - men, women, mixed junior under 23 years of age.

MV, WV, XV - men, women, mixed senior from 40 years of age.

MSV, WSV, XSV - men, women, mixed supersenior from 55 years of age.

MUV, WUV, XUV - men, women, mixed supersenior from 65 years of age.

Family - at least 2 generations from one family, at least one member is 14 years old or younger, only 6 hour rogaine.

The age of participants will be determined on the 04 of June, 2016.

The team must have at least one member who is 18 years or over for 24 hours competition.

Participants responsibility for their own health and for insurance against accidents and possible injuries borne by the participants (over 16 years) or their parents / guardians (for participants 16 years and younger). Teams will be registered as full team at the event center, will receive participant accessories, will sign by the personal signature responsibility for their own, theirs child or guardians – participants health status, responsibility for possible accidents and possible injuries during the race.

It is possible to take routes on distance in order to keep away the health and life hazards.

Timetable

June 03

from no 19:00 arriving, registration, team data checking,

June 04

from no 19:00 arriving, registration, team data checking, SI-cards attaching

10:00 giving out of competition maps

12:00 start

18:00 6 hours event finish

18:30 6 hours competition ends

19:00 6 hours prize giving

18:00 after finish catering for 6 hours event participants

19:00 Hash House opening at event centre – catering for 24 hours event participants

21:14 sunset

22:02 twilight ending

June 05

04:38 twilight beginning

05:26 sunrise

07:00 Hash House closure at event centre

from 11:00 after finish catering for 24 hours participants

12:00 24 hours finish

12:30 24 hours competition ends

13:00 24 hours prize giving

19:00 event centre closing

Competition area



Kosa lake surroundings, Amata parish territory of about 200 km².

Competitions terrain distinctly hilly. The area is located in the Vidzeme highlands, an average of 200 m above sea level., The highest hills up to 250 m above sea level. The valleys between the hills small lakes, small bogs , rivers and streams, including the Amata river source and the upper reaches. Competitions area is sparsely populated and diverse: agricultural areas interspersed with small pieces of forest, meadows, semi- open, overgrown areas. There is well developed rural road network.

Course, controls, punching

There will be 80 controls – usual orienteering red-white flags with reflectors. Controls have point values from 2 to 6. Point value of the control is first digit of control number. For example, control with number 33 gives 3 points, control with number 63 gives 6 points. Total of all controls is 440 points.

Punching – Sportident. One SI-Card will be attached to the wrist of each competitor. All team members must make punches by own SI cards at all visited CPs. Team members must make SI punches at CP within 1 minute. If one of the team members will be damaged (broken) SI-card bracket, the team will be disqualified.

Map

Rogaining map is specially created for competitions during 2016. winter and spring. All kinds of public information are used for : 1: 10,000-scale topographic, orthophotos (2015), areas exploration and other types of information.

Simplified orienteering map symbols: white - forest; dark yellow - open spaces; light yellow - semi open spaces, clearings, young forest, scattered trees, shrubs; road symbols on the map according to mobility. Control points descriptions - pictogram and text description on a separate A4 sheet. Symbols explanation - on the map.

Preferred scale of 1: 30000. Map scale, page size and properties will be specified in Bulletin No.2.

Water points, food, service

There will be water points with water tanks and marked area available drinking water intakes.

Catering - at the finish for 6 hours and 12 hours participants, both for omnivorous and for vegetarians. Catering included in the participation fee. There will be toilets, garbage bags, mobile charging place available.

Participants will have the opportunity to dress up in the premises.

Showers will be provided after finish at event centre.

Entries

Entries will be registered from May 12, 2016 until May 30, 2016.

Entries are accepted online by completing the application form in the website <http://www.rogaining.lv>

SI-cards will be provided by organizers.

Entry fee per team member.

24 hours competition

O, V and SV classes – 29 EUR (submitted until 23.05.2016.),
UV un J grupās – 24 EUR (submitted until 23.05.2016.),

37 EUR (submitted after 23.05.2016.);
32 EUR (submitted after 23.05.2016.);

6 hours competition

O, V un SV grupās – 18 EUR (submitted until 23.05.2016.),
UV un J grupās – 13 EUR (submitted until 23.05.2016.),
Family grupā – 18 EUR (submitted until 23.05.2016.),

23 EUR (submitted after 23.05.2016.);
18 EUR (submitted after 23.05.2016.);
23 EUR (submitted after 23.05.2016.)

only team members, which are eligible to enter classes O, V and SV,
13 EUR (submitted until 23.05.2016.), 18 EUR (submitted after 23.05.2016.)
only team members, which are eligible to enter classes UV and J.
- free of charge, participants 14 years old or younger.

Entry fees cover competition materials, event rental center, parking, catering and other organizational expenses.

Prizes

Top teams in each time and class category will be awarded, depends on budget of rogaine. Simultaneously best 24 hour event participants registered in Latvian Orienteering Data Base (ODB) get Latvian Champion titles and medals.

Accommodation

Participants can camp free of charge at event centre in own tents from 19:00, June 03.

Other accommodation options: [Amatas novada naktsmītne](#).

Info and FAQ

rogaining.lv page discussion platform: <http://www.rogaining.lv/sarunas/>

Contacts: rogain@r24.lv, +371_29218759.

Bulletin Nr.2 will be published on 22 May, 2016.



See You in Amata parish!